

SPRING

into

SATURDAY

MAY 18th

10:30 TO 1:30_{pm}

HEALTH & WELLNESS

**World Covenant Christian Center
3777 Troupe Smith Rd SE Conyers GA 30094
678-565-0378**

FREE HEALTH SCREENINGS AND MORE

**STRESS/DEPRESSION
MANAGEMENT**

**RELAXATION
YOGA**

NUTRITION

**HOLISTIC HEALTH
MASSAGE**

DETOXING

NATURAL REMEDIES

SCREENINGS

Exhibitor's Include

Rockdale Health Department
Blood Pressure/Glucose Screening

It's Jus a Lifestyle, Vera Reed
Nutritional Health

Prostate/Cancer/Heart Health
Noel McFarlane, RT, RN, MSN, BS-R PA

Relaxation Service, Eric Randall
Hand, Back and Neck

Depression/Stress Management
ELAM, Dr. Lorraine Adams

YOGA, Marylou Woods
Stretching Techniques and more

Diabetes Awareness Foundation
Ruby A. Neeson / Warning Signs

Detoxing, Monica Wood
Back to Basics Natural Remedies

Hereditary Health Screenings
Cancer/Prescriptions/Alzheimer/Cholesterol

Tower Garden, Joel Khan
Organic Food Display

Exhibitor Presentations
will take place at 11am,
11:30am, 12pm and
12:30 pm.

**TAKE TIME TO VISIT AS
MANY EXHIBITS AND GO
AWAY EMPOWERED
WITH INFORMATION TO
IMPROVE YOUR**

**HEALTH
AND
WELLNESS**