

VIRTUAL LEARNING WEBINAR

Improving Your Understanding of Diabetes Care



Wednesday, November 18, 2020
2:00 p.m. to 3:30 p.m

WHAT TO EXPECT:



Holiday meal planning tips



Mindfulness and mental health education



Q & A session with a registered nurse



Giveaways

To register, go to [randaf.eventbrite.com](https://www.randaf.eventbrite.com) by **November 17th**.
Link for the Zoom webinar provided upon registration.

For question, send an email to mutima.anderson@fightdiabetesnow.org
or lisagraham@diabetesyoucanwin.org.

