



ASSESSMENT QUESTIONS

The following assessment will demonstrate knowledge of basic comprehension of diabetes self-management which is critical to the learning process. The questions will determine and address the needs and the gaps between current conditions, lifestyle, social environment, relationships and spirituality.

Please answer all questions to the best of your ability.

Have you ever been diagnosed, ever been told, or have you had problems with the following?

(mark all that apply)

Depression or anxiety Heart Disease / Chest Pain High Blood Pressure High Cholesterol
 Kidney / Bladder Problems Eye or Vision Problems Numbness/Pain/Tingling of Hands/Feet
 Other Foot Problems Drug allergies Surgery in the last 5 years Other Health Problems

- Do you know the difference between a Primary Care Doctor, Podiatrist and a Nurse?
- Do you understand your benefits through Medicare?
- In the past 30 days have you felt overwhelmed by the demands of living with diabetes?
- In the past 30 days have you been feeling that you are often failing at your diabetes routine?
- Could we have a conversation on how we can work together? Circle Yes or No
- Would you like to commit to a Diabetes Support Group? Circle Yes or No

***If you answer two (2) or higher in any of the above questions, RANDAF respectfully recommends you join our Veterans Diabetes Support Group in collaboration with Oasis at Scholars Landing.**

Fight Diabetes Now- Together We Can Win!